

THE MONTH OF SHABAN

ALHAMDULILLAH that we have come very close to the month of Mercy - THE RAMADAN. The preparations for Ramadan should begin at the earliest to welcome Ramadan with full energy & planning. Thus, we need to tighten our backs from the month of Shaban. Our Nabi (PBUH) Used to fast in the month Shaban often to bring himself in the routine of Ramadan.

They are many confusions related to the Month of Shaban. Today we will learn the reality of the myths related to this month. The 15th of Shaban is given more importance compared to the other days of Shaban. It is also known as Shab-e-barat. The Sufis have given their own explanations for this day which have no links to the Sunnah. It is neither mentioned in the Quran nor in any authentic hadith but a very Daeef (weak) hadith about the special ibadah on this night.

There's no hadeeth that the sahaba used to run to the graveyard this night as done by most of the Muslims. It is said in a Daeef hadith that in the last one-third of the night of 15th Shaban Allah comes to heaven of the earth and accepts all dua. But the truth is Allah comes to the heaven of the earth every last one-third of night to accept dua. All the fabricated hadith regarding the 15th Shaban are mentioned in Mawza'at e Kabir (page # 165).

There's no special ibadah to be done on this day. The nafil ibadah is to be done daily but when we do special ibadah on a specific day then it becomes an innovation or bidah.

Then what are we supposed to do in the month of Shaban??

The answer is fast often as per the hadith of Prophet (SAW). The hikmah for this may be the preparation of Ramadan as per the Ahmad and Nasaee. Shaikh Al Baneer has given the hadith on Hasan position in which Prophet (S.A.W) says in the month of Shaban the deeds are elevated and I like to be fasting when my deeds are elevated. Same is given regarding the fasts on Monday and Thursday. One of the hadith of Tirmidhi says that after 15th Shaban it is not recommended to fast. Except in case of fasts of previous Ramadan which were left due to a health problem or traveling, they can be completed later in the month of Shaban or fasts of Mondays and Thursdays.

There is another hadith regarding 15th Shaban, Hasan position that “In the night of the 15th of Shaban Allah gazes upon all his creation and forgives all his creation except a Polytheist and the one who is Mushahin (Grudge filled individual). There are many Ahadeeth regarding the meaning of “Mushahin” e.g. drunkard, biddati, envious etc. But there is no Hadeeth regarding the special ibadah on 15th Shaban.

In the end, I would like to tell you that the Shaban is the month in which prophet (S.A.W) used to fast the most after Ramadan and unfortunately most of the Muslims are unaware of its importance.

JUST BEWARE NO BIDAH IN THIS MONTH !!!!

MAIN SOURCE: USTAZAH NAJIHA HASHMI

TRANSLATED BY: ALMAS BINT SHAJEE